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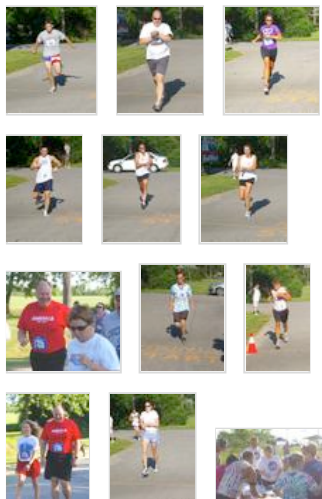
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Photo gallery, times from Independence Day 5K Run/Walk



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Posted Jul 06, 2009 @ 08:01 PM

Eldon, Mo. — Mild temperatures and fair skies led to an excellent turnout at the annual Independence Day 5K Run/Walk Friday, July 3, at the Air Park.

"It was a beautiful day for a race and what a turnout, 103 were registered with 95 crossing the finish line on race day," Eldon Parks and Recreation Director Keith Walk said. "Racers from Alabama, Colorado, Florida, Illinois, Iowa, Minnesota, and North Carolina joined runners from all over Missouri. We hope they'll come back for the Turkey Trot/ Gobble Wobble on Saturday, September 26."

Individual results were:

Walking divisions

Men's- 14-under division, 1) Ryan Korte 46:48; 20-29 division- 1) Adam Johnson 48:15;

40-49 division- 1) Ron Coffee 50:50;

50-56 division 1) Bill Heberle 36:48, 2) Carl Vogel 40:22, 3) Wayne Paschall 46:10, 4) Daryle Hill 50:27;

57-over division- 1) Tom Sprigs 36:47, 2) Joe Farrell 41:46, 3) Sonny Runyon 43:38.

Woman's Walker Divisions:

14-under division- 1) Logan Reed 38:07, 2) Laurel Yows 39:55, 3) Courtney King 50:19, 4) Kelsey King 50:20, 5) Amanda Coffee 50:20;

20-29 division- 1) Megham Opie 41:48, 2) Lori Wilson 47:30, 3) Stacy Johnson 48:15, Carissa Ash 50:02;

30-39 division- 1) Angie Bashore 38:19, 2) Lindsay Ahart 40:21, 3) Regan Burkhart 46:40, 4) D'Arcy Crane 46:40, 6) Tammy Hoellering 47:06, 7) Sarah Rader 48:19, 8) Angela Simmerre 49:11, 9) Angela Muenks 50:05;

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- Fire marshal, ATF, Morgan County deputies raid storage facility on outskirts of Laurie
- Two arrested, two sought following fight in Eldon
- One hurt in highway rollover
- Beer is big business at Lake of the Ozarks
- Tara Garrison Jones



- Missouri Symphony Orchestra to play at School of the Osage Saturday (07/07/09)
- Parade opens 53rd Miller County Fair Tuesday

40-49 division- 1) Sharon Shepherd 41:39, 2) Mandy Smith 46:51, 3) Carol Tilley 46:54, 4) Tammy Korte 47:06, 5) Connie Coffee 50:48, 6) Debbie King 50:49, 7) Kay Reed 53:38;

50-56 division- 1) Deb Wortmen 44:07, 2) Vicki Bird 50:33, 3) Tami Sweaney 50:33;

57-over division- 1) Judy Spriggs 46:49, 2) Linda Scrivner 49:32.

Men's Runner Divisions:

14-under division- 1) Cameron Lauf 25:36, 2) Riley Coffee

29:50, 3) Jacob Tipton 48:17;

15-29 division- 1) Ethan DeGraffenreid 18:23, 2) Trevor Griswold 20:38, 3) Matthew Gann 21:31, 4) Clay Flaughter 24:01; 5) Guy Smith 28:30, 6) Dallas Shepherd 32:34;

20-29 division- 1) Jacob Mattern 19:22, 2) Andy Goessmann 21:18, 3) Nate Haldiman 28:31, 4) Jacob Schmidt 35:37;

30-39 division- 1) Chris Yows 19:41, 2) Todd Elliott 23:43, 3) Michael Perry 29:43, 4) Steve Naught 37:47;

40-49 division- 1) Scott Kane 21:58, 2) Todd Elliott 23:43, 3) Ernei Perkins 25:37, 4) Scott Griswold 27:17, 5) Rick Tipton 29:16, 6) Tim Groebe 32:05;

50-56 division- 1) Gary Lile 18:38, 2) Dale Willis 27:47, 3) Mike Bird 43:22;

57-over division- 1) Jim Glennon 26:11, 2) Bill Redmond 29:20, 3) Lawson Barclay 30:30, 4) Charles Campbell 35:41, 5) Jim Shepherd 37:54.

Women's Runner Divisions:

14-under division- 1) Kate Partridge 30:50, 2) Emery Griswold 36:16, Rachel King 36:16;

15-19 division- 1) Brittany Sash 33:40, 2) Amanda Caine 41:03;

20-29 division- 1) Shelby Lile 21:28, 2) Heather Johnston 23:17, 3) Jodi Newton 27:10, 4) Katie Eisenbath 30:37, 5) Brandy Sash 32:26, 6) Francie Perry 35:34, 7) Sheila Schmidt 35:59, 8) Brooke Sweaney 37:35, 9) Beth Arnel 46:06, 10) Katie Henderson 50:09;

30-39 division- 1) Lori Bartlett 26:16, 2) Wendy Buschjost 28:37, 3) Carrie Phillips 32:30, 4) Jessica Beckman 33:40;

40-49 division- 1) Lisa Kemna 22:52, 2) Cindy Scheidt 37:44, 3) Donna Arnel 46:07;

50-56 division- 1) Kathy Lile 28:08, 2) Marcia Haldiman 35:24, 3) Debra sash 39:51;

57-over division- 1) Carole Campbell 48:17.

Comments (1)

Beldar

41 minutes ago

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Thanks for putting this story on the front page of the Lake Sun and this website, and for posting the results online. For years, local 5Ks--other than the Polar Bear Strut--have received minimal media coverage. Granted, there will never be as much local interest in them as high school football games, for example, but the people who come out and run or walk them do so not only for their own health and fitness, but also for the local charities and causes that benefit from these events. Hopefully, your coverage will encourage others to get in shape and join in on the fun. Thanks again.

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evening (07/07/09)

- Schneider resigns from Osage Beach Fire Protection District board (07/06/09)
- Photo gallery, times from Independence Day 5K Run/Walk (07/06/09)
- Two arrested, two sought following fight in Eldon (07/06/09)
- Fire marshal, ATF, Morgan County deputies raid storage facility on outskirts of Laurie (07/06/09)
- Woman arrested for assault at motel (07/06/09)
- Looking Back (07/06/09)
- Free workshop offered for people with chronic conditions (07/06/09)
- LACO rain date concert at Ha Ha Tonka is Tuesday (07/06/09)

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