

Runstock Ultra

Place	Name	Hometown	Gender	Type	Bib #	Time	Laps	Speed	Division Rank	
1	TUCKER SEISE	OSAGE BEACH, MO	M: 1	RUNNER	1	Laps: 17 45:14:10.94	17	N/A	Overall Male Runner: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		00:46:56.26		07:49	7.7mph	00:46:56.26
				Split 2		00:59:52.59		09:58	6.0mph	01:46:48.84
				Split 3		01:00:10.14		10:01	6.0mph	02:46:58.98
				Split 4		01:08:31.57		11:25	5.3mph	03:55:30.55
				Split 5		01:06:27.58		11:04	5.4mph	05:01:58.12
				Split 6		01:29:30.18		14:55	4.0mph	06:31:28.29
				Split 7		02:03:05.24		20:30	2.9mph	08:34:33.52
				Split 8		06:20:32.67		03:25	0.9mph	14:55:06.19
				Split 9		01:10:55.24		11:49	5.1mph	16:06:01.42
				Split 10		02:11:32.51		21:55	2.7mph	18:17:33.93
				Split 11		01:53:57.91		18:59	3.2mph	20:11:31.83
				Split 12		01:49:16.17		18:12	3.3mph	22:00:47.99
				Split 13		01:30:47.37		15:07	4.0mph	23:31:35.35
				Split 14		17:09:52.05		51:38	0.3mph	40:41:27.40
				Split 15		01:10:35.27		11:45	5.1mph	41:52:02.66
				Split 16		01:51:26.14		18:34	3.2mph	43:43:28.80
				Split 17		01:30:42.15		15:07	4.0mph	45:14:10.94
2	AMANDA BANKS	DOOLITTLE, MO	F: 1	RUNNER	3	Laps: 11 25:24:34.68	11	N/A	Overall Female Runner: 1	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		01:17:04.66		12:50	4.7mph	01:17:04.66
				Split 2		01:23:19.66		13:53	4.3mph	02:40:24.31
				Split 3		01:36:49.02		16:08	3.7mph	04:17:13.33
				Split 4		01:40:56.96		16:49	3.6mph	05:58:10.29
				Split 5		01:44:54.73		17:29	3.4mph	07:43:05.02
				Split 6		02:38:28.28		26:24	2.3mph	10:21:33.30
				Split 7		05:36:32.63		56:05	1.1mph	15:58:05.92
				Split 8		01:34:30.19		15:45	3.8mph	17:32:36.11
				Split 9		01:53:54.47		18:59	3.2mph	19:26:30.58
				Split 10		02:56:34.49		29:25	2.0mph	22:23:05.07
				Split 11		03:01:29.61		30:14	2.0mph	25:24:34.68
3	TODD RANEY	KANSAS CITY, KS	M: 2	RUNNER	4	Laps: 10 24:40:14.24	10	N/A	Overall Male Runner: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		01:17:05.26		12:50	4.7mph	01:17:05.26
				Split 2		01:23:19.50		13:53	4.3mph	02:40:24.75
				Split 3		01:36:47.55		16:07	3.7mph	04:17:12.30
				Split 4		01:41:11.59		16:51	3.6mph	05:58:23.88
				Split 5		02:37:56.89		26:19	2.3mph	08:36:20.77
				Split 6		07:10:27.08		11:44	0.8mph	15:46:47.84
				Split 7		01:52:12.17		18:42	3.2mph	17:39:00.01
				Split 8		02:09:56.30		21:39	2.8mph	19:48:56.31
				Split 9		02:44:45.93		27:27	2.2mph	22:33:42.23
				Split 10		02:06:32.01		21:05	2.8mph	24:40:14.24
4	AMY POINDEXTER	NEWALLA, OK	F: 2	RUNNER	2	Laps: 5 06:08:13.75	5	N/A	Overall Female Runner: 2	
				<u>Split Description</u>		<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>
				Split 1		01:05:07.45		10:51	5.5mph	01:05:07.45
				Split 2		01:08:59.58		11:29	5.2mph	02:14:07.02
				Split 3		01:13:03.78		12:10	4.9mph	03:27:10.80
				Split 4		01:19:09.44		13:11	4.5mph	04:46:20.24
				Split 5		01:21:53.52		13:38	4.4mph	06:08:13.75