

2025 Lake Regional Fun Run 10k

Place	Name	Hometown	Gender	Type	Bib #	Time	Pace	Speed	Division Rank
1	ANDREW LEIKER		M: 1	RUNNER	450	00:47:51.93	07:42	7.8mph	Male 30 - 49: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:23:16.60			0.0mph	00:23:16.60	
			Split 2	00:24:35.33		07:54	7.6mph	00:47:51.93	
2	EMMA HESKETT		F: 1	RUNNER	216	00:56:36.47	09:06	6.6mph	Female 0 - 29: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:26:40.66			0.0mph	00:26:40.66	
			Split 2	00:29:55.81		09:38	6.2mph	00:56:36.47	
3	ROBYN DAVIDSON		F: 2	RUNNER	96	01:00:32.46	09:44	6.2mph	Female 30 - 49: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:30:13.18			0.0mph	00:30:13.18	
			Split 2	00:30:19.28		09:45	6.1mph	01:00:32.46	
4	CLINT MILLS		M: 2	RUNNER	256	01:06:05.22	10:38	5.6mph	Male 0 - 29: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:35:47.72			0.0mph	00:35:47.72	
			Split 2	00:30:17.51		09:44	6.2mph	01:06:05.22	
5	RICK FRANCIS		M: 3	RUNNER	115	01:10:55.04	11:24	5.3mph	Male Over 65: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:35:15.44			0.0mph	00:35:15.44	
			Split 2	00:35:39.60		11:28	5.2mph	01:10:55.04	
6	APRIL LEONARD		F: 3	RUNNER	453	01:12:00.83	11:35	5.2mph	Female 50 - 65: 1
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:34:29.20			0.0mph	00:34:29.20	
			Split 2	00:37:31.64		12:04	5.0mph	01:12:00.83	
7	LARRY BRUNE		M: 4	RUNNER	95	01:36:48.23	15:34	3.9mph	Male Over 65: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:49:49.83			0.0mph	00:49:49.83	
			Split 2	00:46:58.40		15:07	4.0mph	01:36:48.23	
8	ELLEN BRUNE		F: 4	RUNNER	278	01:36:49.40	15:34	3.9mph	Female 50 - 65: 2
			<u>Split Description</u>	<u>Split Time</u>		<u>Pace</u>	<u>Speed</u>	<u>Cumulative</u>	
			Finish	00:49:49.12			0.0mph	00:49:49.12	
			Split 2	00:47:00.28		15:07	4.0mph	01:36:49.40	