

Run For the Horses



Running to Change the World for Horses

5K/10K Run

Phone: (281) 468-3508

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Saturday, June 22, 2019

At the Linn Creek City Park, West Valley Dr., Linn Creek, MO

Start Time 7:30 AM

Registration opens at 6:30 AM

\$20 pre-registration, \$25 registration day of race, Children under 12 - \$10

All proceeds benefit the Missouri Forget-Me-Not Horse Rescue in Linn Creek.

Register online and pay with credit card or PayPal at

<http://www.missouriforgetmenot.org/events> or find us on Facebook.

Medals for top 3 in each category.

Pre-register to guarantee t-shirt availability.

Registration Form

To register by mail, return registration form (one for each participant) and entry fee payable to **MFMN** before **June 15th** to:

Cheryll McGuire, 1109 Maritime Lane, Roach, MO 65787.

Name: _____ Gender (M/F)

Age on race day: _____ Shirt Size: S M L XL No shirt

Choose: 5K Run, 10K Run

Street Address: _____

City, State, Zip: _____

Phone: _____

Entry fee: \$20 before June 15th, \$25 day of race; Children under 12 \$10

E-mail: _____

WAIVER AND RELEASE

In consideration of my participation in the "Run For the Horses," I do hereby agree to hold free from any and all liability the Missouri Forget-Me-Not Horse Rescue & Sanctuary and its respective officers, employees, volunteers and members; the City of Linn Creek and its employees; event volunteers, sponsors and anyone acting for or on their behalf; and I do hereby for myself, my heirs, executors and administrators, waive, release, and forever discharge any and all rights and claims for damages which I have or which may hereafter accrue to me arising out of or connected with my participation in the "Run For the Horses."

I do further declare myself to be physically sound and suffering from no condition or illness that would prevent my participation in the "Run For the Horses." I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate in this event without the approval of my physician.

Signature of participant (or parent/guardian if participant is under 18)