

Pregnancy Help Center serving the Lake of the Ozarks 5K Run/Walk for Life

Registration Form for 5K (3.1 miles) Run or Walk

Saturday October 3, 2020. Woods/Sergio's Parking Lot (2107 Bagnell Dam Blvd. Lake Ozark, Mo. 65049)

Run will begin promptly at at 9:00 A.M. Run Day Registration 7:30-8:30 A.M.

Run age categories: 6-11, 12-16, 17-30, 31-50, over 50 men's and women's awards

1. Registration fees - *Advance registration is appreciated. A separate registration form is required for each entrant.
5K run: \$20.00 (in advance), \$25.00 (day of event).
Walkers: any donation is acceptable.
2. If you are asking friends/family to sponsor you as a walker or runner see separate "Sponsor Pledge Information" form.
3. Payment can be made in the following forms: card, cash or check. Checks should be made payable to: Pregnancy Help Center.
4. Waiver, Release, and Indemnification of liability: In consideration of this entry, I the undersigned, intending to be legally bound, hereby for myself, my heirs, my executor and administrators, waive and release any and all rights and claims or damages I may have against the Pregnancy Help Center serving the Lake of the Ozarks, Woods Supermarket, Sergio's and their affiliates, subsidiaries, officials and representatives, successors, volunteers, and assign for any and all injuries suffered by me in said event. I attest and verify that I am physically capable of completing the run/walk. I hereby consent to receiving medical treatment, which may be deemed advisable in event of injury, accident, or illness during the event. Further, I hereby grant full permission for the free use of my name and/or photograph or any other record of this event for any legitimate purpose.

Put X by type of participation ___Runner ___Walker ___Donation only

Signature _____ Date _____

Print Name _____

Address _____

City, State, Zip code _____

Phone # _____ Email _____

Gender: M/F Shirt Size _____ (Runners \$0/Walkers \$10) Age (Runners only) _____

Please make your checks payable to:

Pregnancy Help Center
memo: 5K/Walk for Life
P.O. Box 384
Camdenton, Mo. 65020

*Please help us know how to best inform you of upcoming events: ___ Email ___ Phone ___ Social Media

How did you hear about this event? _____

